



Britannia Hockey Academy Program Outline



Mission:

To develop a broad based population who possess the skills and certifications to become active participants within community ice hockey and recreation.

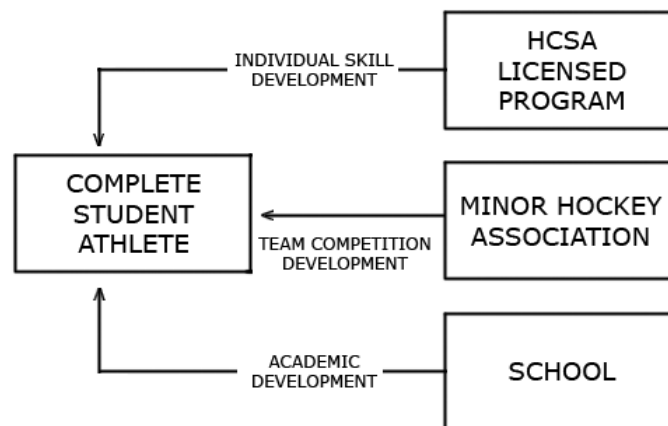
The Britannia Hockey Academy (BHA) is constructed around three principles:

1. Hockey skills and leadership development
2. Personal fitness and athletic development
3. Academic support

Each BHA student will embark on a journey along their Bruin's Road path with the support of instructors aiming to enhance students' ice hockey skills, fitness and knowledge. Students will learn the importance of balancing this hockey training with their high school academic curriculums and personal endeavors.

Encouragement to participate in community leadership opportunities and alternate athletic activities/teams will be emphasized.

As a licensed Hockey Canada Skills Academy, the BHA aims to develop individual player skills with minimal focus on team tactics:



The Program:

- On-ice: skill development, small area game applications, tactics, testing.
- Off-ice: skill building, weight room/dryland training, field experiences.
- Classroom: goal setting, reflecting, referee certification, NCCP theory.



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**Students will be expected to train intensely while classes are in session and will be held accountable to classroom behaviour expectations at all times.*

The BHA is a unique school program which requires students to follow a specific schedule. Please pay close attention to the schedule to minimize lates or mistakes such as not bringing hockey gear for an ice session. The following details explain the different components and requirements of the program.

Routines:

- Gear must be dropped off every morning before 8:50am in the assigned storage room.
 - Excellence Stream (JR group): locker room beneath Gym A
 - High Performance Stream (SR group): equipment room beside Gym A
- Gear must be picked up by 3:30pm each day. Overnight storage can be arranged but the BHA cannot be held responsible for missing equipment.
- Students are responsible for the cleanliness of their hockey bag storage area. Do not leave bags or sticks in the middle of the floor!
- Be security conscious. Always lock up unattended belongings during class.
- Students are expected to pick up their hockey gear, change and be on the ice by the **start of the ice time**.
- Showers are available at the rink. Don't forget your own towel!
- Be on time! Transition between classes with urgency.
- **Be sure to refer to the daily schedule.**
- Air out your equipment by hanging it up EVERY NIGHT! Wet gear is unsanitary.

Assessment:

Safety, Fair Play and Leadership (Appropriate daily participation)	40%
Skill Development	40%
Personal and Social Responsibility (Conduct/Work ethic)	<u>20%</u>
Total:	100%

*Please note: Students will lose daily marks if: appropriate attire is not worn, they are late, or their dressing-room/storage room stall is left dirty. The Safety, Fair Play and Leadership portion of the handout gives an example of expected behaviour for full daily participation marks.



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Safety, Fair Play and Leadership Assessment:

Example of Expected Specific Behaviours 5/5

- Be an attentive listener - (eyes on speaker, equipment down, quiet).
- Demonstrate great sportsmanship - can make and accept the calls of others, be a positive teammate and opponent.
- Demonstrate acceptance of others - regardless of abilities.
- Demonstrate the ability to involve all teammates in the activities.
- Follow directions and stay on task.
- Seek help from the teacher or peers when needed.
- Be a self-corrector of own skills and behaviour when appropriate.
- Demonstrate proper use and care of equipment at all times.
- Demonstrate skills and activities in a safe and controlled manner.
- Come to class prepared with the proper clothing and equipment.
- Understand the rules and help to assist others.
- Make quick transitions and great use of time: to the gym, ice rink, in to the teacher for instruction, back to the locker room or transition to next class.
- Appropriate locker room/class room behaviour.

Student Fees:

BHA fees are \$1,600.00. This is payable in monthly installments of \$160 by way of post-dated cheque, (dated the 1st of the month). Payments can be addressed to Britannia Secondary School. Full payment or post-dated cheques are due on Friday, September 14th. Please ensure that payment arrangements have been submitted by September 14th. It is expected that when a student commits to the program, they intend to complete the full school year.

Grading of Assessment:

A+ (95+%) - Excellent effort

- Willingly engages in physical activities in the classroom, gymnasium, ice rink and other settings; exhibits a positive attitude and enthusiasm towards the activity.
- Plays fair and shows appropriate etiquette (including use of appropriate language).
- Demonstrates leadership skills, accepts responsibility and is a positive role model for others, while participating in activities.
- Makes thoughtful decisions and is prepared for every class.

A (86%) - Good effort

- Willingly engages in physical activities in the classroom, gymnasium, and other settings; exhibits a positive attitude and enthusiasm towards the activity.
- Plays fair and shows appropriate etiquette (including use of appropriate



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language).

- Works co-operatively with all class members and often puts forth extra effort while participating in physical activities.
- Makes thoughtful decisions and is prepared for every class.

B (80%) - Good to average effort

- Participates in physical activities in the classroom, ice rink, gymnasium, and other settings; displays a positive attitude.
- Plays fair and shows appropriate etiquette (including use of appropriate language).
- Works co-operatively with all class members and takes on responsibilities willingly.
- Accepts responsibility and is prepared for most classes.

C+ (70%) - Average effort

- Participates in physical activities in the classroom, ice rink, gymnasium and other settings when given peer or teacher support.
- Plays fair and shows appropriate etiquette (including use of appropriate language).
- Works with others co-operatively and is respectful of classmates.
- Accepts responsibility and is prepared for most classes.

C (60%) - Average to below average effort

- Participates in physical activities in the classroom, ice rink, gymnasium, and other settings; usually displaying effort.
- Plays fair and shows appropriate etiquette (including use of appropriate language).
- Works with others co-operatively and is often respectful of classmates.
- Will take on responsibility in areas of interest, or when supported, and is usually prepared for class.

C- (50%) - Below average effort ("Going through the motions")

- Participates only when encouraged - minimal effort.
- Needs reminders in order to work co-operatively and safely with classmates.
- Disrespectful to teacher and/or classmates.
- Often interferes with others, off task behaviour.
- Usually prepared for class.

I - Incomplete (< 50%) - No attempt made to pass the course

- Student has not met learning outcomes.
- May be absent or unprepared for class.
- May be removed from class.



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